

Gold Membership - Personal Development

Year 1

Month 1

7 Communication Adult – Lite G

63 Birth Trauma

475 Daily Clearing - Public Version

Month 2

33 Unworthiness

91 Respect - Lite

198 Self Sabotage - Lite

Month 3

55 Memory Improvement

57 Blame, Shame and Guilt – Lite

59 Responsibility

Month 4

47 Forgiveness – Lite

53 Accepting Love – Lite

193 Chain Reaction – Lite

Extra – Access to Body Balance. An Intentioned Self Healing Session

Month 5

42 Self Acceptance

218 Dependence – Lite

219 Independence – Lite

Month 6

56 Deserving

159 Willingness to Accept Your Worth

160 Personal Clearing

Month 7

112 Energetic Detoxing Of The Body

223 Accountability – Lite

611 Calling Cards Public

Month 8

2 Financial Flow

139 Just Do It

161 Financial Clearing

Extra – Access to Circle of Truth

Month 9

10 Manifesting

46 Co-Creation

127 Affirmation for Prosperity and Abundance

Month 10

49 Grounding

70 Protection

85 Sensitivity

Month 11

436 Hurt - Lite

437 Betrayal - Lite

451 Criticism - Lite

Month 12

9 Universal Abundance

21 Tranquillity

74 Self Assurance

Extra – Access Stress - An Intentioned Self Healing Session

Year 2

Month 1

29 Anger and Frustration - Lite

39 Movement - Lite

690 Resolving Doubt

Month 2

27 Negative Influences - Lite

198 Self Sabotage - Lite

430 Impatience - Lite

Month 3

12 Procrastination – Lite

131 Focus, Activation and Movement

705 Mental Flexibility

Month 4

381 Discourteous – Lite

383 Disrepect – Lite

415 Manipulative Behaviour – Lite

Extra – Procrastination – Is it holding you back? Overcome the habit of procrastination easily and effortlessly. An Intentioned Self Healing Session

Month 5

528 Flow – Lite

613 Abundance Anxiety

663 Expectation and Hope

Month 6

187 Accepting Joy – Lite

189 Loved and Loving – Lite

197 Grace and Harmony - Lite

Month 7

23 Hearing Clearly

155 Willingness to Release Negativity - Lite

193 Chain Reaction – Lite

Month 8

164 Power Of Words – Sounds For Affirmations

66 Releasing Blockages – Lite

430 Impatience - Lite

Extra – Are You Willing To Accept Your Worth – understanding the blockages to being willing to accept your worth. An Intentioned Self Healing Session

Month 9

77 Avoidance – Lite

115. Stress Free

163 Learning

Month 10

134 Energetically Fearless and Optimistic – Lite

135 Energetically Accepting Confidence and Self Assurance – Lite

737 Peace Love and Light

Month 11

84 Strength - Lite

136 Accepting Optimal Health - Lite

195 Accepting - Lite

Month 12

41 Trust and Faith - Lite

45 Courage

662 Anger and Peace - Short Version

Extra – Cause and Effect – unique tools to assist you on your journey. An Intentioned Self Healing Session